Identity Inventory—elementary

My Identity Factors

Name:

Draw yourself in the middle rectangle. Write your name below. Use the blanks provided to write words for how you see yourself. Use the reflection questions below to reflect on how your identity affects your life.

- What identity factors most shape how you see yourself?
- Which factors are visible? Invisible?
- What do you do when you disagree?
- How do your identity factors influence your choices and your actions?
Identity Inventory-secondary

Draw or find an image that represents you and place it in the middle rectangle. Write your name below. Use the blanks provided to write descriptors you consider to be key aspects of your identity. Add more blanks as needed. Then use the questions below to reflect on how your identity factors influence your life.

- What identity factors most shape your worldview?
- Which factors are visible? Invisible?
- How do you resolve conflict when others have opinions diametrically opposed to your perspective?
- How do your identity factors influence your choices and your actions?

Name:

My Identity Factors
Mike’s Identity Inventory

My Identity Factors

Dutch/German
Cis, white male
Middle aged
Christian
Liberal conservative
Conservative liberal
Innovator
Author
College sports buff
First born

Rural
Blue Collar
American
Dad/husband/son
Michigan/midwest
Speak Mandarin
Award winning educator
Love world foods
Human Rights advocate

Name: Michael Jon Kaechele

Draw or find an image that represents you and place it in the middle rectangle. Write your name below. Use the blanks provided to write descriptors you consider to be key aspects of your identity. Add more blanks as needed. Then use the questions below to reflect on how your identity factors influence your life.

- What identity factors most shape your worldview?
- How do you resolve conflict when others have opinions diametrically opposed to your perspective?
- How do your identity factors influence your choices and your actions?
Matinga’s Identity Inventory

Name: Dr. Abigail Madua Matinga

How much does my identity inspire my actions and views?

- West African
- Cis Black Female
- American Citizen
- Boy Mom
- Wife
- Have a terminal degree
- Award winning educator
- Love world foods
- Human Rights advocate

My Identity Factors

- Immigrant
- Oldest Sibling
- Middle aged
- Homeowner (suburbs)
- Multi-lingual
- World Traveler
- Innovator
- Author
- Korean Drama buff
- Dyslexic

Messy-Hair-Don't-Care Club

Draw or find an image that represents you and place it in the middle rectangle. Write your name below. Use the blanks provided to write descriptors you consider to be key aspects of your identity. Add more blanks as needed. Then use the questions below to reflect on how your identity factors influence your life.

- What identity factors most shape your worldview?
- How do you resolve conflict when others have opinions diametrically opposed to your perspective?
- How do your identity factors influence your choices and your actions?